FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]



Annual Return

(other than OPCs and Small Companies)

Pre-fill

I. REGISTRATION AND OTHER DETAILS

- (ii) (a) Name of the company
 - (b) Registered office address

PLOT NO. 986, SECTOR 82,	
JANTA INDUSTRIAL ESTATE,	
MOHALI	
Mohali	
Punjab	
160060	
(c) *e-mail ID of the company	healthybiosciences118@gmail
(d) *Telephone number with STD code	01725020759
	01723020733
(e) Website	

(iii) Date of Incorporation

26/06/2008

HEALTHY BIOSCIENCES PRIVAT

(iv)	Type of the Company	Category of the Comp	bany	Sub-category of the Company
	Private Company	Company limited	by shares	Indian Non-Government company
(v) Whether company is having share capital		pital	• Yes	O No
(vi) *Whether shares listed on recognized Stock Exchange(s)		O Yes	• No	

(vii) *Financial year From date	01/04/2020	(DD/MM/YYYY) To date	31/03/2021	(DD/MM/YYYY)
(viii) *Whether Annual general n	neeting (AGM) held	• Yes	No	
(a) If yes, date of AGM (b) Due date of AGM	28/07/2021 30/09/2021			
(c) Whether any extension	for AGM granted	⊖ Yes	No	
II. PRINCIPAL BUSINESS	S ACTIVITIES OF T	HE COMPANY		

*Number of business activities 1

	Main Activity group code		Business Activity Code		% of turnover of the company
1	G	Trade	G2	Retail Trading	100

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

*No. of Companies for which information is to be given 0

Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1				

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital		
Total number of equity shares	10,000,000	10,000,000	10,000,000	10,000,000		
Total amount of equity shares (in Rupees)	100,000,000	100,000,000	100,000,000	100,000,000		

Number of classes

	Authoricod	capital	Subscribed capital	Paid up capital
Number of equity shares	10,000,000	10,000,000	10,000,000	10,000,000

Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	100,000,000	100,000,000	100,000,000	100,000,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

Number of classes

Class of shares	Authorised capital	Icapital	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)				

0

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Number of shares			Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	10,000,000	0	10000000	100,000,00(100,000,00	
Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0

viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify				0	0	
Nil				0	0	
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify				0	0	
Nil				0	0	
At the end of the year	10,000,000	0	10000000	100,000,000	100,000,00	
Preference shares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify						
Nil				0	0	
Decrease during the year	0	0	0	0	0	0
i. Redemption of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify				0	0	
Nil At the end of the year		0				
······································	0	0	0	0	0	

ISIN of the equity shares of the company

(ii) Details of stock split/consolidation during the year (for each class of shares)

Class of shares		(i)	(ii)	(iii)
Before split /	Number of shares			
Consolidation	Face value per share			
After split /	Number of shares			
Consolidation	Face value per share			

(iii) Details of shares/Debentures Transfers since closure date of last financial year (or in the case of the first return at any time since the incorporation of the company) *

\boxtimes	Nil						
	[Details being provided in a CD/Digital Media]	0	Yes	0	No	0	Not Applicable
	Separate sheet attached for details of transfers	\bigcirc	Yes	\bigcirc	No		

Note: In case list of transfer exceeds 10, option for submission as a separate sheet attachment or submission in a CD/Digital Media may be shown.

Date of the previous	annual general meeting						
Date of registration of transfer (Date Month Year)							
Type of transfer 1 - Equity, 2- Preference Shares, 3 - Debentures, 4 - Stock							
Number of Shares/ Debentures/ Amount per Share/ Units Transferred Debenture/Unit (in Rs.)							
Ledger Folio of Trans	sferor						
Transferor's Name							
	Surname	middle name	first name				
Ledger Folio of Trans	sferee						

Transferee's Name			
	Surname	middle name	first name

Date of registration c	of transfer (Da	ate Month Year)				
Type of transfe	r	1 - E	quity, 2	2- Preference Shares,3 -	Debentures, 4 - Stock	
Number of Shares/ Debentures/ Units Transferred Amount per Share/ Debenture/Unit (in Rs.)						
Ledger Folio of Transferor						
Transferor's Name						
	Surr	name		middle name	first name	
Ledger Folio of Trans	sferee					
Transferee's Name						
	Surr	name		middle name	first name	

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year		Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

Type of	Number of	Nominal Value of	Total Nominal	Paid up Value of	Total Paid up Value
Securities	Securities	each Unit	Value	each Unit	-
Total					

0

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(i) Turnover

5,316,958

(ii) Net worth of the Company

94,664,195.31

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equ	ity	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	6,362,000	63.62	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	0	0	0		
5.	Financial institutions	0	0	0		

6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	3,638,000	36.38	0	
10.	Others Nil	0	0	0	
	Total	10,000,000	100	0	0

6

Total number of shareholders (promoters)

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	ity	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	0	0	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0		
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		
3.	Insurance companies	0	0	0		
4.	Banks	0	0	0		
5.	Financial institutions	0	0	0		
6.	Foreign institutional investors	0	0	0		
7.	Mutual funds	0	0	0		
8.	Venture capital	0	0	0		
9.	Body corporate (not mentioned above)	0	0	0		
10.	Others Nil	0	0	0		

Total	0	0	0	0			
Total number of shareholders (other than promoters)							
Total number of shareholders (Promoters+Public Other than promoters)	c/ 6						

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	6	6
Members (other than promoters)	0	0
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category	Number of directors at the beginning of the year			Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive	
A. Promoter	0	2	0	2	0	0	
B. Non-Promoter	0	1	0	1	0	0	
(i) Non-Independent	0	0	0	0	0	0	
(ii) Independent	0	1	0	1	0	0	
C. Nominee Directors representing	0	0	0	0	0	0	
(i) Banks & FIs	0	0	0	0	0	0	
(ii) Investing institutions	0	0	0	0	0	0	
(iii) Government	0	0	0	0	0	0	
(iv) Small share holders	0	0	0	0	0	0	
(v) Others	0	0	0	0	0	0	
Total	0	3	0	3	0	0	

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
CHARANJIT SINGH BH	01954419	Director	0	
GURSIMRAN SINGH	02209675	Director	0	
SIMMI CHHABRA	07870398	Director	0	

(ii) Particulars of change in director(s) and Key managerial personnel during the year

Name	beginning / during	Ichange in designation/	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held	1				
Type of meeting	Date of meeting	Total Number of Members entitled to	Attendance		
				% of total shareholding	
Annual General Meeting	28/09/2020	6	5	80.78	

B. BOARD MEETINGS

*Number of meetings held 7 Attendance Total Number of directors S. No. Date of meeting associated as on the date of meeting Number of directors attended % of attendance 1 3 2 26/06/2020 66.67 2 29/06/2020 3 2 66.67 3 3 100 3 13/07/2020 3 4 02/09/2020 3 100 5 07/10/2020 3 2 66.67 6 15/01/2021 3 3 100

S. No.	Date of meeting	Total Number of directors associated as on the date		Attendance
		of meeting	Number of directors attended	% of attendance
7	31/03/2021	3	3	100

C. COMMITTEE MEETINGS

Nu	mber of meeting	gs held		0		
	S. No.	Type of meeting	Date of meeting	Total Number of Members as		Attendance
					attended	% of attendance
	1					

D. *ATTENDANCE OF DIRECTORS

		Board Meetings		Committee Meetings			Whether attended AGM	
S. No.		he director Meetings which Number of director was Meetings		% of	Number of Meetings which director was	Number of Meetings	% of attendance	held on
		entitled to attend	ed to attended attendance entitled to		ititled to attended		28/07/2021 (Y/N/NA)	
1	CHARANJIT S	7	4	57.14	0	0	0	Yes
2	GURSIMRAN	7	7	100	0	0	0	Yes
3	SIMMI CHHAE	7	7	100	0	0	0	Yes

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

Nil

1

Total

Number o	of Managing Director, W	/hole-time Directors	s and/or Manager v	vhose remuneration	n details to be ente	ered 0		
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount	
1							0	
	Total							
Number o	lumber of CEO, CFO and Company secretary whose remuneration details to be entered							
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount	

		remuneration det	ails to be entered			1	
S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	CHARANJIT SINGH	DIRECTOR	400,000	0	0	0	400,000
	Total		400,000	0	0	0	400,000
	s per attached Form M		IFREOF				
		_	-				
	ILS OF PENALTIES / F	_	-	ANY/DIRECTORS		Nil	
DETA	ILS OF PENALTIES / F	PUNISHMENT IMF	POSED ON COMPA	of the Act and	/OFFICERS /	Nil	
DETA lame o ompan fficers	ILS OF PENALTIES / F	PUNISHMENT IMF	POSED ON COMPA f Order sectio penali	of the Act and D	etails of penalty/	Details of appeal	

XIII. Whether com	plete list of shareholders	. debenture holders has l	been enclosed as an attachment
/			

● Yes ○ No

officers

XIV. COMPLIANCE OF SUB-SECTION (2) OF SECTION 92, IN CASE OF LISTED COMPANIES

In case of a listed company or a company having paid up share capital of Ten Crore rupees or more or turnover of Fifty Crore rupees or more, details of company secretary in whole time practice certifying the annual return in Form MGT-8.

offence committed

offence

Rupees)

Name	Mast Ram Chechi
Whether associate or fellow	 Associate Fellow
Certificate of practice number	2906

I/We certify that:

(a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.
 (b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

(c) The company has not, since the date of the closure of the last financial year with reference to which the last return was submitted or in the case of a first return since the date of the incorporation of the company, issued any invitation to the public to subscribe for any securities of the company.

(d) Where the annual return discloses the fact that the number of members, (except in case of a one person company), of the company exceeds two hundred, the excess consists wholly of persons who under second proviso to clause (ii) of sub-section (68) of section 2 of the Act are not to be included in reckoning the number of two hundred.

Declaration

I am Authorised by the Board of Directors of the company vide resolution no	06	dated	28/06/2021
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(DD/MM/YYYY) to sign this form and declare that all the requirements of the Companies Act, 2013 and the rules made thereunder in respect of the subject matter of this form and matters incidental thereto have been compiled with. I further declare that:

- 1. Whatever is stated in this form and in the attachments thereto is true, correct and complete and no information material to the subject matter of this form has been suppressed or concealed and is as per the original records maintained by the company.
- 2. All the required attachments have been completely and legibly attached to this form.

Note: Attention is also drawn to the provisions of Section 447, section 448 and 449 of the Companies Act, 2013 which provide for punishment for fraud, punishment for false statement and punishment for false evidence respectively.

Director GURSIME Optimisation international internatina international international international international	
To be digitally signed by	
Company Secretary	
Company secretary in practice	
Membership number 3823 Certificate of practice number 2906	
Attachments List of attachmen	nts
1. List of share holders, debenture holders Attach 2. Announce holders for extension of ACM Eist of shareholders_2021.pdf	
2. Approval letter for extension of AGM; Attach UDIN Generation.pdf	
3. Copy of MGT-8; Attach	
4. Optional Attachement(s), if any Attach	
Remove attach	nent
Modify Check Form Prescrutiny Submit	

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company